

2005 Southland Conference Indoor Track

Performance List

(as of 3/7/05)

Compiled by Flash Results Texas

[Coaches should submit corrections to mike@flashresults.com](mailto:mike@flashresults.com)

55m dash and hurdle marks have been converted to 60m marks

Banked and oversized-track marks have been converted to 200m flat track marks

Altitude conversions have been applied

Women's List

Women 60m Dash

1	7.45	Rosalind Holmes	UT-San Antonio	2/18/05	SLC Indoor Championships
2	7.50	Morgan Moszee	UT-San Antonio	2/18/05	SLC Indoor Championships
3	7.56	Sherita Price	UL-Monroe	2/18/05	SLC Indoor Championships
4	7.60	Deontria Finley	Sam Houston St.	2/18/05	SLC Indoor Championships
4	7.60	Ellen Garrison	UT-Arlington	2/18/05	SLC Indoor Championships
6	7.64	Brittany Williams	UT-Arlington	2/18/05	SLC Indoor Championships
7	7.66	Shakeitha Henfield	Southeastern LA	2/18/05	SLC Indoor Championships
7	7.66	RaShandra Harris	Texas State	2/18/05	SLC Indoor Championships
9	7.68	TaMeshia Miller	Northwestern St.	2/18/05	SLC Indoor Championships
9	7.68	Joy Furlow	Sam Houston St.	2/18/05	SLC Indoor Championships
9	7.68	Amber Everett	Texas State	2/18/05	SLC Indoor Championships
12	7.70	Camilla Davis	Texas State	2/5/05	Hyatt Regency Invitational
12	7.70	Alicia Anthony	Texas State	2/18/05	SLC Indoor Championships
14	7.72	Shana Rash	UT-Arlington	2/18/05	SLC Indoor Championships
15	7.74	Leah Matthews	S. F. Austin St.	2/18/05	SLC Indoor Championships
16	7.79	Franki Jimmerson	UL-Monroe	2/5/05	Texas Tech Kittley Invitational
17	7.80	Kym Norsworthy	Sam Houston St.	2/5/05	Hyatt Regency Invitational
18	7.85	Kourtnee Jones	UT-Arlington	2/18/05	SLC Indoor Championships
18	7.85	Candace Nwaozuru	UT-San Antonio	1/15/05	Houston Indoor Opener
18	7.85	Natalie Crump	Southeastern LA	1/28/05	Bayou Bengal Invitational

Women 200m Dash

1	23.84	Rosalind Holmes	UT-San Antonio	3/4/05	Iowa State Last Chance
2	24.51	Katya Kostetskaya	Texas State	2/18/05	SLC Indoor Championships
3	24.67	Morgan Moszee	UT-San Antonio	2/18/05	SLC Indoor Championships
4	24.81	Quantinette Fields	Sam Houston St.	2/18/05	SLC Indoor Championships
5	25.04	Brittany Williams	UT-Arlington	2/18/05	SLC Indoor Championships
6	25.07	Amber Everett	Texas State	2/18/05	SLC Indoor Championships
7	25.18	Chinelo Nwobu	Lamar	2/18/05	SLC Indoor Championships
8	25.33	RaShandra Harris	Texas State	2/18/05	SLC Indoor Championships
9	25.34	Shana Rash	UT-Arlington	2/18/05	SLC Indoor Championships
10	25.35	Ryanne Dupree	UT-San Antonio	2/18/05	SLC Indoor Championships
11	25.38	Ellen Garrison	UT-Arlington	2/18/05	SLC Indoor Championships
12	25.42	Toni Sylvester	Lamar	2/18/05	SLC Indoor Championships
13	25.45	Sherita Price	UL-Monroe	2/18/05	SLC Indoor Championships
14	25.46	Kourtnee Jones	UT-Arlington	2/18/05	SLC Indoor Championships
15	25.48	Joy Furlow	Sam Houston St.	2/18/05	SLC Indoor Championships
16	25.50	Chelsea Huddleston	UT-Arlington	2/18/05	SLC Indoor Championships
16	25.50	Kimberlin Lowery	Texas State	2/18/05	SLC Indoor Championships
18	25.61	Shakeitha Henfield	Southeastern LA	1/21/05	Leonard Hilton Memorial
19	25.84	Natalie Crump	Southeastern LA	1/28/05	Bayou Bengal Invitational
20	25.86	Courtney Baker	Texas State	2/5/05	Hyatt Regency Invitational

Women 400m Dash

1	54.02	Katya Kostetskaya	Texas State	2/12/05	Tyson Invitational
2	56.31	Shakeitha Henfield	Southeastern LA	2/18/05	SLC Indoor Championships
3	56.36	Stevina Wyatt	S. F. Austin St.	2/18/05	SLC Indoor Championships
4	56.37	Tiffany Singleton	Sam Houston St.	2/18/05	SLC Indoor Championships
5	56.40	Toni Sylvester	Lamar	2/18/05	SLC Indoor Championships

5	56.40	Diane Smith	UT-San Antonio	2/18/05	SLC Indoor Championships
7	57.42	Chinelo Nwobu	Lamar	2/18/05	SLC Indoor Championships
8	57.83	Courtney Baker	Texas State	1/28/05	Houston Indoor Invitational
9	58.04	Crystal Anderson	Sam Houston St.	2/18/05	SLC Indoor Championships
10	58.27	Quantinette Fields	Sam Houston St.	2/18/05	SLC Indoor Championships
11	58.58	Shamonica Pickett	UL-Monroe	2/18/05	SLC Indoor Championships
11	58.58	Jamie Spivey	Sam Houston St.	2/5/05	Hyatt Regency Invitational
13	58.64	Kelly Gram	McNeese St.	2/18/05	SLC Indoor Championships
14	58.83	Arzelia Hall	UL-Monroe	2/18/05	SLC Indoor Championships
15	58.89	Deidra Truss	Northwestern St.	2/18/05	SLC Indoor Championships
16	58.99	Katrina Roundtree	S. F. Austin St.	2/18/05	SLC Indoor Championships
17	59.38	Desiree Boxie	McNeese St.	2/18/05	SLC Indoor Championships
18	59.39	Tiffany Green	Sam Houston St.	2/18/05	SLC Indoor Championships
19	59.49	Chelsea Huddleston	UT-Arlington	2/18/05	SLC Indoor Championships
20	59.92	Adrienne Ford	UL-Monroe	2/18/05	SLC Indoor Championships

Women 800m Run

1	2:11.35	Katya Kostetskaya	Texas State	1/28/05	Houston Indoor Invitational
2	2:14.21	Ivorita Taylor	UT-Arlington	1/22/05	Oklahoma Classic
3	2:15.79	Ruth Waller	McNeese St.	2/18/05	SLC Indoor Championships
4	2:17.28	Courtney Carter	UT-Arlington	2/18/05	SLC Indoor Championships
5	2:17.62	Candace Taylor	Lamar	2/5/05	Hyatt Regency Invitational
6	2:18.54	Amber Prather	Lamar	2/18/05	SLC Indoor Championships
7	2:18.69	Margeaux Fisher	Northwestern St.	2/18/05	SLC Indoor Championships
8	2:19.12	Meghan Chance	UT-San Antonio	2/18/05	SLC Indoor Championships
9	2:19.56	Carranda Mose	UT-Arlington	2/18/05	SLC Indoor Championships
10	2:20.27	Shanna Likas	Southeastern LA	1/28/05	Bayou Bengal Invitational
11	2:20.63	Jacqueline John	Lamar	2/5/05	Hyatt Regency Invitational
12	2:20.93	Diane Smith	UT-San Antonio	1/15/05	Houston Indoor Opener
13	2:21.92	Kenisha Matthews	UL-Monroe	2/18/05	SLC Indoor Championships
14	2:22.83	Devyn Mitchell	Sam Houston St.	2/18/05	SLC Indoor Championships
15	2:23.15	Sarah Weir	Lamar	2/5/05	Hyatt Regency Invitational
16	2:23.49	Crystal Chang	S. F. Austin St.	1/28/05	Houston Indoor Invitational
17	2:23.64	Veronica Silva	UT-San Antonio	2/18/05	SLC Indoor Championships
18	2:25.00	Ryanne Dupree	UT-San Antonio	1/28/05	Houston Indoor Invitational
19	2:25.17	Whitney Rister	Sam Houston St.	2/5/05	Hyatt Regency Invitational
20	2:25.53	Lindsey Bryson	S. F. Austin St.	2/18/05	SLC Indoor Championships

Women 1 Mile Run

1	4:59.78	Yuliya Stashkiv	Texas State	1/21/05	Leonard Hilton Memorial
2	5:00.98	Ana Rodriguez	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
3	5:01.19	Ruth Waller	McNeese St.	1/28/05	Houston Indoor Invitational
4	5:02.68	Lisa Haglund	UT-Arlington	2/12/05	Tyson Invitational
5	5:04.77	Jacqueline John	Lamar	2/5/05	Hyatt Regency Invitational
6	5:05.90	Renee Graham	Lamar	1/21/05	Leonard Hilton Memorial
7	5:07.78	Shanna Likas	Southeastern LA	1/21/05	Leonard Hilton Memorial
8	5:07.79	Ivorita Taylor	UT-Arlington	1/15/05	Houston Indoor Opener
9	5:08.52	Rita Lambert	UT-San Antonio	2/5/05	Hyatt Regency Invitational
10	5:09.33	Clerc Koenck	Lamar	2/5/05	Hyatt Regency Invitational
11	5:09.38	Sarah Weir	Lamar	2/5/05	Hyatt Regency Invitational
12	5:10.37	Courtney Carter	UT-Arlington	2/5/05	J. D. Martin Invitational
13	5:11.47	Lakoa Mckeever	S. F. Austin St.	2/18/05	SLC Indoor Championships
14	5:13.56	Sarah Hershman	Sam Houston St.	2/18/05	SLC Indoor Championships
15	5:14.44	Savannah Matzinger	S. F. Austin St.	2/18/05	SLC Indoor Championships
16	5:22.03	Meghan Chance	UT-San Antonio	2/5/05	Hyatt Regency Invitational
17	5:26.64	Jessica Partin	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
18	5:27.59	Ruth Kinyanjui	Northwestern St.	2/5/05	Hyatt Regency Invitational
19	5:27.60	Whitney Rister	Sam Houston St.	1/28/05	Houston Indoor Invitational
20	5:29.37	Briana Mendez	UT-San Antonio	2/5/05	Hyatt Regency Invitational

Women 3000m Run

1	9:54.50	Ana Rodriguez	S. F. Austin St.	2/5/05	Hyatt Regency Invitational
2	9:57.69	Ashley Monteau	S. F. Austin St.	2/5/05	Hyatt Regency Invitational

3	10:03.05	Yuliya Stashkiv	Texas State	2/18/05	SLC Indoor Championships
4	10:03.22	Renee Graham	Lamar	2/18/05	SLC Indoor Championships
5	10:05.75	Jacqueline John	Lamar	1/28/05	Houston Indoor Invitational
6	10:08.37	Lisa Haglund	UT-Arlington	1/22/05	Oklahoma Classic
7	10:13.65	Clerc Koenck	Lamar	1/28/05	Houston Indoor Invitational
8	10:20.43	Mandy Wallace	Southeastern LA	1/15/05	Purple Tiger Invitational
9	10:24.38	Amanda King	Lamar	2/5/05	Hyatt Regency Invitational
10	10:26.88	Jodi Hulett	UT-Arlington	2/18/05	SLC Indoor Championships
11	10:27.31	Jessica Partin	S. F. Austin St.	2/5/05	Hyatt Regency Invitational
12	10:32.81	Sarah Weir	Lamar	2/18/05	SLC Indoor Championships
13	10:39.20	Ashley McDonald	UT-San Antonio	2/5/05	Hyatt Regency Invitational
14	10:45.11	Erika Wright	Sam Houston St.	2/12/05	UH/RunSport All-Comers
15	10:46.57	Sarah Hershman	Sam Houston St.	2/18/05	SLC Indoor Championships
16	10:46.69	Karilyn Petty	UT-San Antonio	2/5/05	Hyatt Regency Invitational
17	10:48.57	Amanda Havens	Lamar	2/5/05	Hyatt Regency Invitational
18	10:48.65	Natasha Williams	Lamar	2/5/05	Hyatt Regency Invitational
19	10:48.80	Abby Salomon	Northwestern St.	2/5/05	Hyatt Regency Invitational
20	10:54.08	Amber Bagwell	S. F. Austin St.	2/5/05	Hyatt Regency Invitational

Women 5000m Run

1	17:21.14	Ana Rodriguez	S. F. Austin St.	2/18/05	SLC Indoor Championships
2	17:24.59	Ashley Monteau	S. F. Austin St.	2/18/05	SLC Indoor Championships
3	17:35.45	Yuliya Stashkiv	Texas State	2/18/05	SLC Indoor Championships
4	17:38.44	Renee Graham	Lamar	2/18/05	SLC Indoor Championships
5	17:45.87	Mandy Wallace	Southeastern LA	2/18/05	SLC Indoor Championships
6	18:13.11	Jodi Hulett	UT-Arlington	2/18/05	SLC Indoor Championships
7	18:19.03	Natasha Williams	Lamar	2/18/05	SLC Indoor Championships
8	18:25.69	Amanda King	Lamar	2/18/05	SLC Indoor Championships
9	18:37.92	Amber Bagwell	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
10	18:53.75	Tenley Determan	Texas State	2/18/05	SLC Indoor Championships
11	18:53.92	Ashley McDonald	UT-San Antonio	1/15/05	Houston Indoor Opener
12	19:04.44	Erika Wright	Sam Houston St.	2/18/05	SLC Indoor Championships
13	19:06.85	Amanda Havens	Lamar	1/21/05	Leonard Hilton Memorial
14	19:08.05	Emily Hufstедler	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
15	19:09.69	Kimbri Lettkeman	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
16	19:11.49	Karilyn Petty	UT-San Antonio	2/18/05	SLC Indoor Championships
17	19:25.93	Lauren Smith	Sam Houston St.	1/15/05	Houston Indoor Opener
18	19:55.72	Abby Salomon	Northwestern St.	1/15/05	Purple Tiger Invitational
19	21:12.40	Cassie Jones	Nicholls St.	1/15/05	Purple Tiger Invitational
20	22:33.15	Anastasia Jones	Nicholls St.	1/15/05	Purple Tiger Invitational

Women 60m Hurdles

1	8.46	TaMeshia Miller	Northwestern St.	2/5/05	Hyatt Regency Invitational
2	8.51	Ryanne Dupree	UT-San Antonio	2/18/05	SLC Indoor Championships
3	8.59	Leah Matthews	S. F. Austin St.	2/18/05	SLC Indoor Championships
4	8.63	Lyndsey Sidney	UT-San Antonio	1/22/05	Wes Kittley 6-Way
5	8.66	Kym Norsworthy	Sam Houston St.	1/28/05	Houston Indoor Invitational
6	8.71	Katya Kostetskaya	Texas State	1/28/05	Houston Indoor Invitational
7	8.75	Jessika Johnson	Lamar	2/18/05	SLC Indoor Championships
8	8.78	Shanae Steward	Northwestern St.	2/18/05	SLC Indoor Championships
9	8.79	Jocelyn Stevens	S. F. Austin St.	2/5/05	Hyatt Regency Invitational
10	8.83	Chaterra Blake	Sam Houston St.	2/18/05	SLC Indoor Championships
11	8.86	Tara Tyler	Sam Houston St.	2/18/05	SLC Indoor Championships
12	8.93	Stevina Wyatt	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
13	8.98	Lindsey Smith	Texas State	2/18/05	SLC Indoor Championships
14	9.00	Tara Burns	UT-Arlington	2/5/05	J. D. Martin Invitational
15	9.02	Demetria Holmes	UT-San Antonio	2/18/05	SLC Indoor Championships
16	9.03	Signe Vest-Peterson	Sam Houston St.	1/28/05	Houston Indoor Invitational
17	9.14	Denise Quezaire	Northwestern St.	2/18/05	SLC Indoor Championships
17	9.14	Amy Fleddermann	Southeastern LA	2/18/05	SLC Indoor Championships
19	9.15	Randee Wales	UT-Arlington	2/5/05	J. D. Martin Invitational
20	9.26	Joni Hester	Lamar	2/18/05	SLC Indoor Championships

Women 4x400m Relay

1	3:44.90	UT-San Antonio	1/22/05	Wes Kittley 6-Way
2	3:49.74	Sam Houston St.	2/18/05	SLC Indoor Championships
3	3:52.45	UL-Monroe	2/18/05	SLC Indoor Championships
4	3:52.84	McNeese St.	2/18/05	SLC Indoor Championships
5	3:53.09	Texas State	1/28/05	Houston Indoor Invitational
6	3:54.11	Lamar	2/5/05	Hyatt Regency Invitational
7	3:54.99	S. F. Austin St.	2/18/05	SLC Indoor Championships
8	3:59.06	UT-Arlington	2/18/05	SLC Indoor Championships
9	3:59.63	Northwestern St.	2/5/05	Hyatt Regency Invitational
10	4:04.65	Southeastern LA	2/18/05	SLC Indoor Championships

Women Distance Medley Relay

1	12:02.74	UT-Arlington	2/18/05	SLC Indoor Championships
2	12:19.68	UT-San Antonio	2/18/05	SLC Indoor Championships
3	12:22.24	Lamar	1/15/05	Purple Tiger Invitational
4	12:24.28	S. F. Austin St.	2/18/05	SLC Indoor Championships
5	12:49.82	Sam Houston St.	2/18/05	SLC Indoor Championships
6	12:51.98	UL-Monroe	2/18/05	SLC Indoor Championships
7	12:52.01	Northwestern St.	2/18/05	SLC Indoor Championships
8	12:52.18	Southeastern LA	2/18/05	SLC Indoor Championships
9	13:10.66	Texas State	2/18/05	SLC Indoor Championships
10	14:06.30	Nicholls St.	1/28/05	Bayou Bengal Invitational

Women High Jump

1	1.80m	5-10.75	Caroline Wolf	Texas State	2/12/05	Tyson Invitational
2	1.79m	5-10.50	Teresa Murray	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
3	1.74m	5-08.50	Meghan Denman	S. F. Austin St.	2/18/05	SLC Indoor Championships
3	1.74m	5-08.50	Jocelyn Stevens	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
3	1.74m	5-08.50	Janice Ezegbunam	Southeastern LA	2/18/05	SLC Indoor Championships
6	1.69m	5-06.50	Alisha Fowler	Sam Houston St.	2/18/05	SLC Indoor Championships
6	1.69m	5-06.50	Crystal Chang	S. F. Austin St.	2/18/05	SLC Indoor Championships
6	1.69m	5-06.50	Audrey Azu	S. F. Austin St.	2/18/05	SLC Indoor Championships
9	1.66m	5-05.25	Ryanne Dupree	UT-San Antonio	1/28/05	Houston Indoor Invitational
10	1.65m	5-05.00	Signe Vest-Peterson	Sam Houston St.	2/18/05	SLC Indoor Championships
10	1.65m	5-05.00	Zizan Seymour	UT-Arlington	1/22/05	Oklahoma Classic
12	1.64m	5-04.50	Cassandra Krell	Northwestern St.	1/28/05	Bayou Bengal Invitational
12	1.64m	5-04.50	Melissa Jones	Southeastern LA	2/18/05	SLC Indoor Championships
14	1.62m	5-03.75	Ashley Allen	UT-San Antonio	2/18/05	SLC Indoor Championships
14	1.62m	5-03.75	Felicia Lee	UL-Monroe	1/15/05	Purple Tiger Invitational
16	1.59m	5-02.50	Nikki Perry	Lamar	1/21/05	Leonard Hilton Memorial
16	1.59m	5-02.50	Tara Burns	UT-Arlington	2/18/05	SLC Indoor Championships
16	1.59m	5-02.50	Riiki Gray	UT-San Antonio	2/5/05	Hyatt Regency Invitational
16	1.59m	5-02.50	Amy Fleddermann	Southeastern LA	2/18/05	SLC Indoor Championships
20	1.58m	5-02.25	Sonya Chalk	Lamar	1/28/05	Houston Indoor Invitational

Women Pole Vault

1	3.99m	13-01.00	Jennie Sewell	Sam Houston St.	3/5/05	Intermountain Championships
2	3.65m	11-11.75	Kristina Windham	S. F. Austin St.	2/18/05	SLC Indoor Championships
3	3.50m	11-05.75	Lacey Moore	UT-Arlington	2/18/05	SLC Indoor Championships
3	3.50m	11-05.75	Karen Klintoe	Sam Houston St.	2/18/05	SLC Indoor Championships
5	3.45m	11-03.75	Summer Sizemore	Sam Houston St.	2/5/05	Hyatt Regency Invitational
5	3.45m	11-03.75	Kasey Smith	McNeese St.	1/28/05	Houston Indoor Invitational
7	3.35m	10-11.75	Madyson Stubbs	Texas State	2/18/05	SLC Indoor Championships
7	3.35m	10-11.75	Emylee Hartwig	S. F. Austin St.	2/18/05	SLC Indoor Championships
7	3.35m	10-11.75	Michelle Wiesehan	Texas State	2/18/05	SLC Indoor Championships
7	3.35m	10-11.75	Haley Blount	Northwestern St.	2/18/05	SLC Indoor Championships
11	3.30m	10-10.00	Rebekah Vickers	Texas State	2/5/05	Hyatt Regency Invitational
11	3.30m	10-10.00	Celeste Cantrelle	Southeastern LA	1/21/05	Leonard Hilton Memorial
13	3.20m	10-06.00	Laura Mikeska	S. F. Austin St.	2/18/05	SLC Indoor Championships
13	3.20m	10-06.00	Erica Cronin	Southeastern LA	12/4/04	McNeese Invitational
15	3.15m	10-04.00	Latisha Brooks	UL-Monroe	1/28/05	Bayou Bengal Invitational
15	3.15m	10-04.00	Katherine Yuan	Texas State	2/5/05	Hyatt Regency Invitational

15	3.15m	10-04.00	Angel Villa	Northwestern St.	1/28/05	Bayou Bengal Invitational
18	3.10m	10-02.00	Danielle Moss	Northwestern St.	1/22/05	Razorback Invitational
19	3.05m	10-00.00	Jennifer Michelle	McNeese St.	2/12/05	UH/RunSport All-Comers
19	3.05m	10-00.00	Dena Aden	Southeastern LA	12/4/04	McNeese Invitational

Women Long Jump

1	5.97m	19-07.00	Ryanne Dupree	UT-San Antonio	2/5/05	Hyatt Regency Invitational
2	5.91m	19-04.75	Alicia Anthony	Texas State	2/18/05	SLC Indoor Championships
3	5.86m	19-02.75	Morgan Moszee	UT-San Antonio	1/22/05	Wes Kittley 6-Way
4	5.75m	18-10.50	Tara Burns	UT-Arlington	1/22/05	Oklahoma Classic
5	5.70m	18-08.50	Kym Norsworthy	Sam Houston St.	1/15/05	Houston Indoor Opener
6	5.65m	18-06.50	Tara Tyler	Sam Houston St.	2/18/05	SLC Indoor Championships
7	5.63m	18-05.75	Katya Kostetskaya	Texas State	1/21/05	Leonard Hilton Memorial
7	5.63m	18-05.75	Roshunda Betts	Sam Houston St.	2/18/05	SLC Indoor Championships
9	5.57m	18-03.25	TaMeshia Miller	Northwestern St.	1/15/05	Purple Tiger Invitational
10	5.55m	18-02.50	Camilla Davis	Texas State	2/18/05	SLC Indoor Championships
11	5.51m	18-01.00	Ashlee Williams	UL-Monroe	2/18/05	SLC Indoor Championships
12	5.46m	17-11.00	Tiara Young	Sam Houston St.	2/18/05	SLC Indoor Championships
13	5.45m	17-10.75	Angela Gonzales	UT-Arlington	2/18/05	SLC Indoor Championships
13	5.45m	17-10.75	Randee Wales	UT-Arlington	2/5/05	J. D. Martin Invitational
15	5.41m	17-09.00	Jamie Spivey	Sam Houston St.	1/28/05	Houston Indoor Invitational
15	5.41m	17-09.00	Tamequa Poole	Texas State	2/18/05	SLC Indoor Championships
15	5.41m	17-09.00	Crystal Chang	S. F. Austin St.	2/18/05	SLC Indoor Championships
18	5.39m	17-08.25	Lindsey Smith	Texas State	2/18/05	SLC Indoor Championships
18	5.39m	17-08.25	Desiree Boxie	McNeese St.	2/18/05	SLC Indoor Championships
20	5.38m	17-08.00	Jacque Iwuchukwu	Texas State	2/18/05	SLC Indoor Championships

Women Triple Jump

1	12.68m	41-07.25	Roshunda Betts	Sam Houston St.	2/18/05	SLC Indoor Championships
2	12.35m	40-06.25	Jacque Iwuchukwu	Texas State	2/18/05	SLC Indoor Championships
3	12.12m	39-09.25	Kym Norsworthy	Sam Houston St.	2/18/05	SLC Indoor Championships
4	11.95m	39-02.50	Katya Kostetskaya	Texas State	2/18/05	SLC Indoor Championships
5	11.85m	38-10.50	TaMeshia Miller	Northwestern St.	2/18/05	SLC Indoor Championships
6	11.84m	38-10.25	Shanae Steward	Northwestern St.	1/28/05	Bayou Bengal Invitational
7	11.81m	38-09.00	Morgan Moszee	UT-San Antonio	1/22/05	Wes Kittley 6-Way
8	11.76m	38-07.00	Caroline Wolf	Texas State	2/18/05	SLC Indoor Championships
9	11.67m	38-03.50	Ashlee Williams	UL-Monroe	2/5/05	Texas Tech Kittley Invitational
10	11.44m	37-06.50	Alicia Anthony	Texas State	2/18/05	SLC Indoor Championships
11	11.24m	36-10.50	Ashley Allen	UT-San Antonio	1/15/05	Houston Indoor Opener
12	11.20m	36-09.00	Brittany Epps	UT-San Antonio	2/18/05	SLC Indoor Championships
13	11.19m	36-08.50	Chatterra Blake	Sam Houston St.	2/18/05	SLC Indoor Championships
14	11.17m	36-07.75	Tara Tyler	Sam Houston St.	2/5/05	Hyatt Regency Invitational
15	10.99m	36-00.75	Courtney Johnson	Southeastern LA	1/15/05	Purple Tiger Invitational
16	10.90m	35-09.25	Tamequa Poole	Texas State	1/28/05	Houston Indoor Invitational
17	10.86m	35-07.75	Demetria Holmes	UT-San Antonio	1/22/05	Wes Kittley 6-Way
18	10.82m	35-06.00	Vannessa Rodriguez	UT-Arlington	2/5/05	J. D. Martin Invitational
19	10.76m	35-03.75	Jamie Spivey	Sam Houston St.	2/18/05	SLC Indoor Championships
20	10.60m	34-09.50	Amesha Forward	McNeese St.	1/28/05	Houston Indoor Invitational

Women Shot Put

1	14.83m	48-08.00	Tenika Powell	Sam Houston St.	1/28/05	Houston Indoor Invitational
2	14.41m	47-03.50	Tiffanie Reeves	UT-Arlington	2/18/05	SLC Indoor Championships
3	14.18m	46-06.25	Markeisha Edwards	S. F. Austin St.	1/21/05	Leonard Hilton Memorial
4	13.78m	45-02.50	Jasmine Wyatt	Sam Houston St.	1/28/05	Houston Indoor Invitational
5	13.50m	44-03.50	Kendall Bass	Sam Houston St.	2/18/05	SLC Indoor Championships
6	13.38m	43-10.75	Lilia Rivera	UL-Monroe	2/18/05	SLC Indoor Championships
7	13.18m	43-03.00	Veronica Karlsson	UL-Monroe	2/18/05	SLC Indoor Championships
8	13.00m	42-08.00	Ashlea Byrom	Texas State	2/18/05	SLC Indoor Championships
9	12.90m	42-04.00	LaQuisha Houston	S. F. Austin St.	2/18/05	SLC Indoor Championships
10	12.76m	41-10.50	Natasha Ramos	UT-San Antonio	2/5/05	Hyatt Regency Invitational
10	12.76m	41-10.50	Michelle Crimmins	UL-Monroe	1/28/05	Bayou Bengal Invitational
12	12.55m	41-02.25	Fayola Wilson	Southeastern LA	1/15/05	Purple Tiger Invitational
13	12.40m	40-08.25	Katie Isola	Southeastern LA	1/15/05	Purple Tiger Invitational

14	12.30m	40-04.25	Lakeisha Gardiner	Southeastern LA	2/18/05	SLC Indoor Championships
15	12.17m	39-11.25	Linda Rosema	UT-Arlington	1/22/05	Oklahoma Classic
16	12.15m	39-10.50	Kalette Crawford	Southeastern LA	2/18/05	SLC Indoor Championships
17	11.98m	39-03.75	Megan Sweeney	Texas State	1/28/05	Houston Indoor Invitational
18	11.90m	39-00.50	Dominique Thompson	Southeastern LA	12/4/04	McNeese Invitational
19	11.81m	38-09.00	Amy Fleddermann	Southeastern LA	2/18/05	SLC Indoor Championships
20	11.76m	38-07.00	Kim Carriere	Southeastern LA	2/18/05	SLC Indoor Championships

Women Weight Throw

1	17.27m	56-08.00	Sarah Baker	Texas State	2/18/05	SLC Indoor Championships
2	16.95m	55-07.50	Markeisha Edwards	S. F. Austin St.	2/18/05	SLC Indoor Championships
3	16.31m	53-06.25	Jasmine Wyatt	Sam Houston St.	2/18/05	SLC Indoor Championships
4	15.55m	51-00.25	Fayola Wilson	Southeastern LA	1/15/05	Purple Tiger Invitational
5	15.48m	50-09.50	Veronica Karlsson	UL-Monroe	1/28/05	Bayou Bengal Invitational
6	15.39m	50-06.00	Linda Rosema	UT-Arlington	2/18/05	SLC Indoor Championships
7	15.11m	49-07.00	Natalia Clark	Sam Houston St.	1/28/05	Houston Indoor Invitational
8	14.80m	48-06.75	Kim Carriere	Southeastern LA	2/18/05	SLC Indoor Championships
9	14.63m	48-00.00	Katie Isola	Southeastern LA	1/28/05	Bayou Bengal Invitational
10	14.47m	47-05.75	Karmel Powers	UT-Arlington	1/22/05	Oklahoma Classic
11	14.23m	46-08.25	Natasha Ramos	UT-San Antonio	2/18/05	SLC Indoor Championships
12	14.18m	46-06.25	Ashlea Byrom	Texas State	2/18/05	SLC Indoor Championships
13	13.94m	45-09.00	Alison Holmes	Northwestern St.	1/28/05	Bayou Bengal Invitational
14	13.84m	45-05.00	LaQuisha Houston	S. F. Austin St.	2/18/05	SLC Indoor Championships
15	13.72m	45-00.25	Kalette Crawford	Southeastern LA	2/18/05	SLC Indoor Championships
16	13.64m	44-09.00	Lilia Rivera	UL-Monroe	1/15/05	Purple Tiger Invitational
17	13.47m	44-02.50	Kendall Bass	Sam Houston St.	2/18/05	SLC Indoor Championships
18	13.36m	43-10.00	Michelle Crimmins	UL-Monroe	2/5/05	Texas Tech Kittley Invitational
19	13.20m	43-03.75	Megan Sweeney	Texas State	2/18/05	SLC Indoor Championships
20	13.08m	42-11.00	Katie Godfrey	UT-Arlington	2/18/05	SLC Indoor Championships

Women Pentathlon

1	3979		Ryanne Dupree	UT-San Antonio	3/4/05	McDonald's Last Chance
2	3715		Crystal Chang	S. F. Austin St.	2/18/05	SLC Indoor Championships
3	3675		Signe Vest-Peterson	Sam Houston St.	2/18/05	SLC Indoor Championships
4	3496		Ashley Allen	UT-San Antonio	2/18/05	SLC Indoor Championships
5	3377		Tara Burns	UT-Arlington	2/18/05	SLC Indoor Championships
6	3363		Lindsey Bryson	S. F. Austin St.	2/18/05	SLC Indoor Championships
7	3268		Tiara Young	Sam Houston St.	2/18/05	SLC Indoor Championships
8	3259		Amy Fleddermann	Southeastern LA	2/18/05	SLC Indoor Championships
9	3228		Lindsey Smith	Texas State	2/18/05	SLC Indoor Championships
10	3076		Lakeisha Gardiner	Southeastern LA	2/18/05	SLC Indoor Championships
11	2978		Drew Rentfro	S. F. Austin St.	2/18/05	SLC Indoor Championships
12	2915		Randee Wales	UT-Arlington	2/18/05	SLC Indoor Championships
13	2910		Kandace Traywick	UT-San Antonio	2/18/05	SLC Indoor Championships
14	2858		Rachel Ince	Lamar	2/18/05	SLC Indoor Championships
15	2829		Lindsey Bloomquist	Sam Houston St.	2/18/05	SLC Indoor Championships
16	2768		Tamara Koepp	Texas State	2/18/05	SLC Indoor Championships